

A lovely walk, mostly along pleasing footpaths. Some is alongside Long Lake, with one section going through gently sloping open forest. There's one long hill but its gradual ascent is worth it, as we walk along the tops of the clay cliffs looking over the north end of town.

1: The area around the parking lot is crisscrossed with trails. Take the track down the hill but very quickly turn right paralleling the shore. You'll be 5-15 metres above the lake.

3: You soon get your first view. Keep going along the ridge towards town. At one point in time, the airport level was the bottom of a large glacial lake. As the lake drained, the river cut thru the bottom making pairs of clay cliffs. Try and spot their opposite number on the other side of the river nearer Two Mile Hill.

5: You'll get to a little knoll with a bench. Sit and think how nice life is.

6: The trail descends to the lake where you cross a little footbridge. Take the right fork after crossing the bridge. The trail will eventually rejoin the lower shoreline trail.

7: Eventually you'll see trails heading uphill on your right. Follow one back up to the parking lot.

